

# SARA HODGKINSON

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## PERSONAL PROFILE

I am a highly organised and conscientious individual with a passion for hard work and new challenges. I believe myself to be an excellent communicator and have developed a keen awareness of others through time spent living and working overseas. I am passionate about research and am currently undertaking a PhD at Curtin University. My key research interests are public health, health policy, health equality, indigenous health and international development. I am keen to pursue casual work as a Research Assistant whilst completing my studies.

## SUMMARY OF EDUCATION

- Jan 2018 – Present      **PhD Public Policy**  
*Bankwest Curtin Economics Centre*  
*Curtin University, Australia*
- Researching international health policy in relation to Indigenous health
- Sep 2014 – Sep 2016      **MPH International Development (Distinction)**  
*University of Sheffield, UK*
- Recipient of Postgraduate Support Scheme Scholarship
  - Conducted qualitative research in Dhading District, Nepal for field class module
  - Collaborated with NGO *PHASE Worldwide* for mixed methods dissertation research
- June 2013      **Global Health Short Course (non-accredited)**  
*Imperial College London, UK*
- One week of workshops, seminars and lectures from academics and experts in the field of global health
- Sept 2010 – Jul 2013      **BSocSc Politics and International Relations (First Class Honours)**  
*University of Manchester, UK*
- Recipient of Access to HE Bursary
  - Spent one semester overseas as an exchange student at the *National University of Singapore, Singapore*

Sept 2009 – Jul 2010    **Access to International Studies (Distinction)**  
*The Manchester College, UK*

## **SUMMARY OF RESEARCH EXPERIENCE**

Jan 2016 – Sep 2016    *'Health Policy in Nepal: An Assessment of Clinical Guidelines in Relation to the Burden of Disease'*

For my MPH dissertation module, I designed and implemented a research project in collaboration with UK-based NGO PHASE Worldwide and partner organisation PHASE Nepal (based in Bhaktapur, Nepal). This mixed-methods study examined clinical guidelines in Nepal in relation to the burden of disease to establish any gaps in current clinical guideline provision that might ultimately be addressed through future policy. In addition to the final dissertation gaining a high Distinction mark at university, I have since written up the results of this study for publication – this paper is currently under review at the Journal of Nepal Medical Association.

April 2015    *'Community perceptions of mental illness and of mental health services in Dhading District, Nepal'*

Part of my Master's degree comprised a field research class, during which I conducted qualitative research in a remote district of Nepal. Using convenience sampling, I recruited several individuals from local villages for in-depth interviews. With the help of a translator and research aide, I explored community perceptions of mental health and mental health services. On return to the UK, I transcribed audio recordings, organised and analysed the data, before writing up the results in a final paper.

## **WORK HISTORY**

Jun 2016 – Sept 2017    **Research Assistant**  
*University of Sheffield, UK*

My responsibilities include conducting literature reviews; proofreading and editing articles for publication; website management and social media communications; writing lay summaries; and assisting with the general research activities of the Health Equity and Inclusion Group (HEIG) within the School of Health and Related Research at the University of Sheffield. I also co-authored two commentaries which can be viewed on the HEIG website [here](#).

## **VOLUNTARY EXPERIENCE**

Sept 2015 – Sept 2017    **ParliaMentors Buddy**  
*3ff – Three Faiths Forum, London, UK*

Mentoring position, providing guidance and support for a current ParliaMentors participant.

Sept 2012 – Jun 2013 **ParliaMentors Programme Participant**

*3ff – Three Faiths Forum, London, UK*

Inter-faith programme undertaken alongside my final year at university. Together with two other students of different beliefs, I formed and implemented a social action project within our community, in association with local homeless charity Barnabus. In addition, our group was mentored by local MP Paul Goggins. I worked with Mr Goggins in his local constituency office for a week, and shadowed him for a day in Parliament.

Jan 2012 – May 2012 **Internship**

*British High Commission, Singapore*

Assisted in the organisation and execution of a 'Peace Festival' to mark the Queen's Diamond Jubilee whilst on a university exchange programme in Singapore. Role involved sourcing venues, linking up with local NGOs to organise speakers, extensively advertising through social media platforms and the national media, and securing sponsorship.

## REFERENCES

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